

## O V E R N I G H T T O U R

# VOLCAN ACATENANGO

TWO DAYS,  
ONE NIGHT

This is a summary of all the information you'll need for your expedition to Acatenango Volcano. This information is complementary to the Pre-Trip Meeting.



CHALLENGE LEVEL:  
**DIFFICULT**

ALTITUDE:  
**3,976 m / 13,044 ft**

ELEVATION GAIN:  
**1,500 m / 5,000 ft**

PRICE:  
**US\$. 89 / Q.710**

7:00 am to  
**12:30 pm\*** (2nd Day) (Estimated)

## TOUR BREAKDOWN:

- ① **PRE-TRIP MEETING**  
DAY BEFORE YOUR TRIP AT OX OFFICES  
**4:45 PM** > Mon to Sat  
**2:45 PM** > Sundays
- Time to ask questions
  - Meet your guide & group
  - Paperwork & payment

Please Note: Remaining payments have to be made in **Cash Only**, US\$ or Qs

- ② **DEPARTURE FROM OX OFFICES**  
**7:00 AM**
- Meeting & time to pack
  - Breakfast (not at the office)
  - 1 Hour shuttle to the Volcano

- ③ **CAMPSITE**  
OPTIONAL FUEGO HIKE UPGRADE  
**2:30 PM**
- Reach Campsite
  - Rest for remainder of the afternoon
  - Optional trip to Fuego\*

\*Trip to Fuego is included for Double Whammy & Fuego Overnight tours only.  
Acatenango tour hikers have optional upgrade (+\$40)

- ④ **WAKE UP & HIKE**  
**4:30 AM** (2nd Day)

- Hike to summit for sunrise
- Toughest part of the Hike

\*Sunrise can be seen at campsite if you want to stay in bed for a bit longer.

- ⑤ **BACK TO ANTIGUA**  
**12:30 PM\*** (2nd Day)
- Around noon
  - Not recommended to book onward shuttles before **2:00 pm**
- \*Not all the groups are the same, some are faster or slower than others, this is an estimated time.

### PLEASE NOTE

- Camping fee included
- Park entrance fee **not included**

Price might change due to park regulations so please ask how much is it at the time of your trip.

**OX Expeditions adress:**  
**2A CALLE PONIENTE NO. 23**

[\(click to open google maps\)](#)



## WHAT WE PROVIDE



### PRE-TRIP MEETING

Day before your trip  
5:00 pm  
(3:00 on Sundays)



### PROFESSIONAL GUIDE

English speaking  
First AID &  
Wilderness trained



### SLEEPING GEAR

-7°C / 20°  
sleeping bag  
5" thick sleeping pad



### CABIN

Up to 6 people  
-----  
Tents available  
upon request



### FOOD (4 MEALS)

1st Day:  
Breakfast, Lunch &  
Dinner  
2nd. day:  
Breakfast



### TRANSPORTATION

Antigua > Volcano  
Volcano > Antigua

## WHAT YOU NEED



**BACKPACK**  
(55L Size)



**DRY FIT T-SHIRT**



**TOP FLEECE**



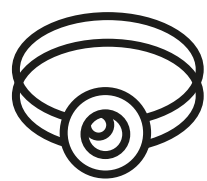
**WARM THICK JACKET**



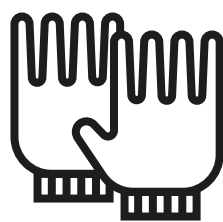
**RAIN JACKET OR PONCHO**



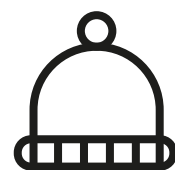
**HIKING PANTS OR LEGGINGS**  
- NO JEANS -



**HEADLAMP**



**GLOVES**



**WARM HAT**



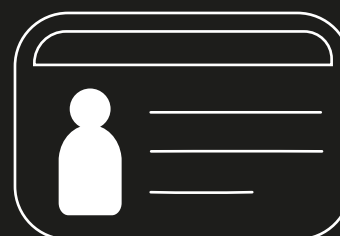
**COMFORTABLE SHOES**



## WE ENCOURAGE YOU TO USE YOUR OWN GEAR

for better fit and comfort, but if needed we can provide (at no extra cost):

*Backpack - Warm Jacket - Top Fleece - Gloves*  
*Rain Poncho - Headlamp (no batteries) - Warm Hat*



### A GOVERNMENTAL ID CARD

will be required to use as a deposit for the gear we are providing

**Please note:** All our gear gets used on a daily basis. We keep it in the best shape possible however signs of wear should be expected. We have a **FIRST COME-FIRST SERVED** policy with the gear we provide.

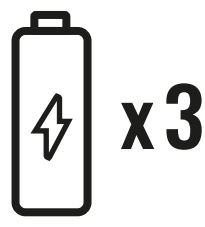
## BRING YOUR OWN (NOT PROVIDED/ NOT INCLUDED)



**SNACKS X 5**



**4.5 L. OF WATER**



**AAA BATTERIES**



**MONEY**

Entrance Fee - Q.50  
(Not included in price)

Porters - Q.200/ Per way  
If needed / Recommended if upgrading to DW Tour

Tip for your guide(s)  
10% of tour price is recommended

Some extra \$ / In case you need it.

## EXTRAS YOU WILL ALSO NEED



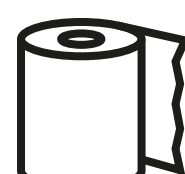
**SUNSCREEN**



**SUNGLASSES**



**CAP**



**TOILET PAPER**



**CLICK TO WATCH OUR "HOW TO PACK YOUR BACKPACK" VIDEO**

**We have a storage space for your luggage while you are hiking, bring your own lock**

## WHAT TO EXPECT

### WEATHER

Trying to predict the weather is like trying to count jellybeans in a jar- you can have a rough idea, but you're never going to be 100% accurate

"What happened yesterday is likely to happen today" does not apply on Acatenango, remember:

**HIGH ALTITUDE MOUNTAINS  
CREATE THEIR OWN WEATHER SYSTEMS**

GUATEMALA HAS MORE THAN 360 MICRO WEATHER SYSTEMS.



Though we cannot predict the weather, we want you to be prepared:

Temperatures can get to:

**CAMPSITE: -2°C / 28°F**

**SUMMIT: -5°C / 23°F**

**MAY → OCT.**

RAINY SEASON IN  
GUATEMALA



### ERUPTIONS

**VOLCAN FUEGO: Active Stratovolcano**

**STATUS:**  
ACTIVE 24/7

**ACTIVITY:**  
MIGHT CHANGE

**NOTE:** Volcanic activity is unpredictable. The type of eruptions are Strombolian eruptions (explosions not a lava flow), which during a high activity period can happen once every hour.

**WE CANNOT GUARANTEE:**

- CLEAR VIEWS - NICE WEATHER - VOLCANIC ERUPTIONS -
- TRIP TO FUEGO RIDGE (SEE THE MAP, LAST PAGE)
- SUMMITING FOR SUNRISE -

### ALTITUDE SICKNESS



**40%** Less oxygen at  
**4,000m / 13,120 ft**  
(Acatenango Summit)

**Severe SYMPTOMS:**

(Above 5000 m / 16,400 ft) we won't reach this elevation

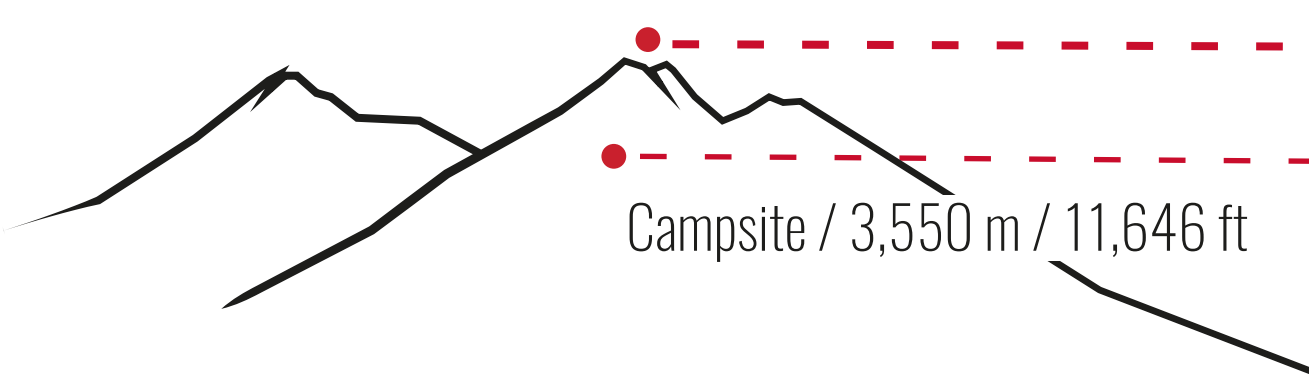
- High-altitude pulmonary edema (HAPE)
- High-altitude cerebral edema (HACE)



**None Severe SYMPTOMS:**

Below 5000 m / 16,400 ft

- Nausea
- Dizziness
- Upset stomach
- Inability to sleep
- Shortness of breath
- Lack of energy
- Headache
- Weakness
- Tiredness



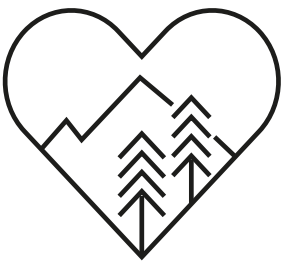
Campsite / 3,550 m / 11,646 ft

**NOTE:** 80% of the time of the tour we will be between 3,300 m (10,826 ft) and 3,600 m (11,811 ft)

If you have any of these symptoms tell your OX Guide

# ABOUT OX

## ENVIROMENTALLY FRIENDLY



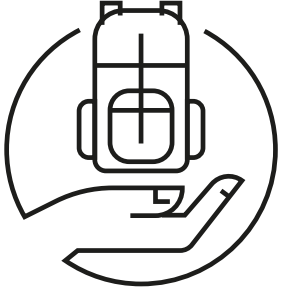
### ECO-FRIENDLY CAMP

We have built cabins using eco-friendly pine wood sourced in a sustainable sawmill, that does sustainable reforestation

We have not cut down a single tree in the making of our cabins



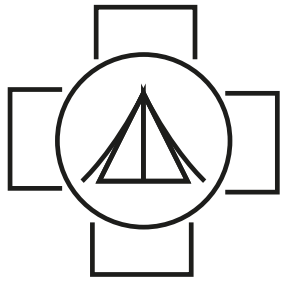
Sustainable Reforestation



### RECYCLED GEAR - MAINTENANCE

We fix and re-use the gear as much as we can

We maintain gear the best way we can by following our recycling guidelines



### HYGIENE AND SANITATION

We clean our gear before every tour to keep it sanitized and fresh

## PACK IT IN & PACK IT OUT

By being green we try to have a "leave no trace" rule.

All your rubbish needs to be brought back down with you

Bring an extra bag down and get a free t-shirt



## WHY TO CHOOSE OX

THE MOST PROFESSIONAL ACATENANGO TOUR OPERATOR IN GUATEMALA SINCE 2004

### PROFESSIONAL OPERATORS



- Responsible
- Accountable
- Detail Oriented
- Pro-Management



Founded from a passion for the mountains by mountaineers

### PROFESSIONAL GUIDES



English Speaking



Client Service Focused



Wilderness Safety Certified

### ENVIROMANTAL



Recycled Gear



Reuse Fuel Containers



Pick-up Litter



Reuse Water Bottles



Minimize Plastic

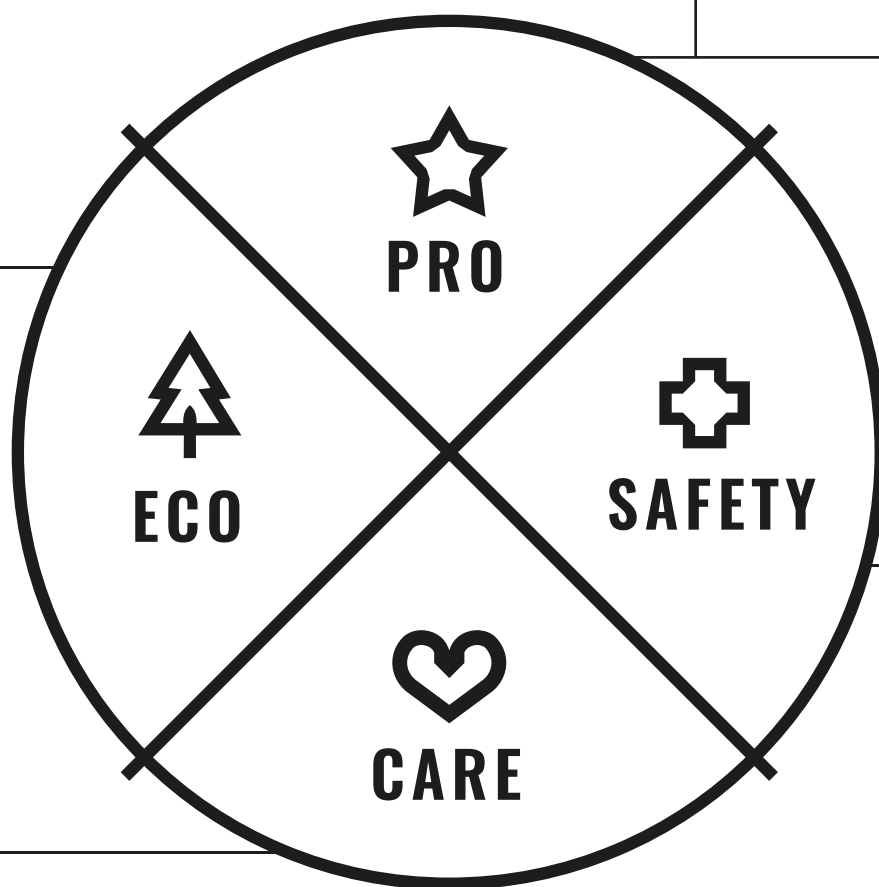
### KIDS OF GUATEMALA



Profits Support Local Kids

We teach them:

- English
- Stewardship for the Environment
- Guide Skills



### CLIENT SAFETY



Safety is our #1 Priority



Preparation Meeting

### CLIENT COMFORT



Good Gear



Great Food



Pro Transport

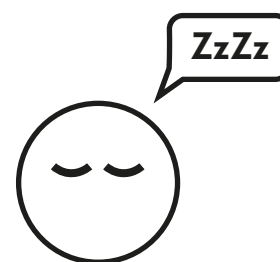
## BEFORE YOUR HIKE REMEMBER



HYDRATE



AVOID ALCOHOL THE NIGHT BEFORE

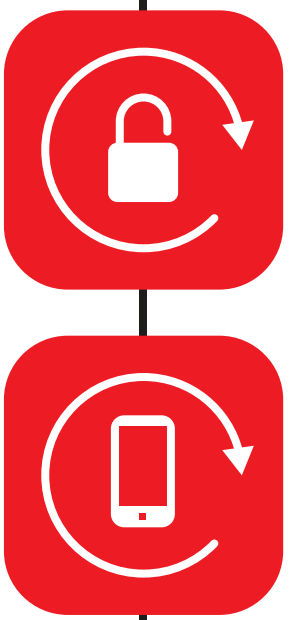


SLEEP EARLY REST WELL



PLEASE, TIP YOUR GUIDE





# OX EXPEDITIONS

## TRAIL MAPS & ZONES (Side View)

**FUEGO RIDGE**

**ACATENANGO SUMMIT**

3,976mts / 13,046ft

**TRAIL KEY**

- Start to Camp
- Camp to Summit
- Fuego Trail
- Alternative Down Hill

9.1 km  
5.65 mi  
-----  
3,600 mts  
11,811ft

6.8 km  
4.22 mi  
-----  
3,550 mts  
11,646ft

8.2 km  
5.09 mi

3,600mts / 11,800ft

3,000mts / 9,840ft

2,750mts / 9,000ft

3.6 km  
2.25 mi  
-----  
3,350mts  
10,990ft

1.7 km  
1.05 mi  
-----  
2,800mts  
9,186ft

2,430 mts  
7,952 ft  
-----  
0 mi  
0 km

### ZONE DESCRIPTIONS

#### FARMLAND AREA:

7870-9000 ft. (2390 - 2750 mts.)

- 1 TO 1.5 HOURS OF HIKING
- Warm up
  - Very steep, slippery & loose soil
  - Super difficult part. Don't give up!

#### CLOUD FOREST AREA:

9000-9840 ft. (2750-3000 mts.)

- 1.5 TO 2 HOURS OF HIKING
- Thick & Live
  - Humid
  - Switchbacks
  - Solid soil
  - Exposed Roots

#### ALPINE AREA:

9840-11800 ft. (3000-3600 mts.)

- 2 HOURS OF HIKING
- Lunch zone
  - Camping zone
  - Soil a little loose
  - Beautiful views
  - Steep and flat parts

#### VOLCANIC AREA:

11800-13046 ft. (3600-3976 mts.)

- 1 TO 1.5 HOURS HIKING
- Steep & slippery
  - You will be tired
  - Hardest part of the hike
  - It's totally worth it

**LA SOLEDAD**  
(Starting point)